

Fearfully And Wonderfully Made

Ponder: The marvels of the human body

Scripture: “I will praise You, for I am fearfully and wonderfully made; Marvelous are Your works, and that my soul knows very well” (Psalm 139:14, NKJV).

A few days a sister in the Lord underwent triple-bypass surgery. She is fortunate to have survived long enough to have the operation, and might not have done so but for a marvel of God’s creation. To compensate for the lack of blood flow to her heart, her body produced some additional arteries. They were insufficient to supply all she needed, but they kept her heart functioning until the surgeon could bypass the blocked arteries.

Here is a rather technical explanation of what her body did, according to cell biologist Michael Simmons, quoted at www.voanews.com:

“When organs are damaged because of a lack of blood flow, Simons explains, they release a repair molecule called VEGFR. Another molecule called NRP1 binds to that protein, and transports it, along with a second repair protein called VEGFR2, to the inside of blood vessels, stimulating the healing process.”

When our sister told me about the extra arteries her body had made, I couldn’t help thinking of the marvelous wisdom of God. The secular world insists that living things (including humans) are the end result of uncountable years of evolution. But how would the body know how and when to release repair molecules and proteins? What would cause such substances to exist in the first place? We can’t consciously tell our bodies to build new arteries; it occurs involuntarily and unknown to the individual.

Truly, as King David wrote, we are fearfully and wonderfully made! The ability to make extra arteries is but one example design in the human body. The eye, the ear, the skin, blood, our DNA -- the list is endless! Such complexity defies explanation aside from the incredible wisdom of an infinitely intelligent Creator.

You are not the product of a mindless series of cosmic accidents! Rather, you are the creation of Almighty God who made You in His image, loves you, and desires that you live with Him eternally. He gave you the ability to choose whether to trust and obey Him. I urge you to choose, as Joshua did, that you will serve the Lord.

Song: “How Great Thou Art”

Prayer: Great God of Heaven, we praise you because we are fearfully and wonderfully made. We praise and thank You for loving us and giving Jesus to save us. May we ever remember that we are Yours by right of creation, and that we ought to be yours by right of redemption. Help us to trust and obey. In Jesus’ name, Amen.