

Be Still!

Ponder: Worrying about everything

Scripture: "Be still, and know that I am God" (Psa. 46:10a, NKJV).

Covid variants; Afghanistan; hurricanes; politics; the economy. There isn't any shortage of things to be upset about. The 24/7 news cycle pounds these woes into our heads. Well-intentioned but woefully misinformed people post on social media that the book of Revelation is being fulfilled before our very eyes!

Let's take a deep breath. Turn off the television. Turn off the computer. Open the Bible. God has not abandoned us, nor will He! Over two and a half millennia ago the inspired Psalmist wrote, "God is our refuge and strength, A very present help in trouble. Therefore we will not fear, Even though the earth be removed, And though the mountains be carried into the midst of the sea" (Psa. 46:1-2).

God's people have been through far worse times than ours and came through with flying colors! Let's be humble enough to admit that we don't have the solution to every problem in the world – but we know who does! God is still in control of His universe; Jesus still rules from the throne of David in heaven.

Please don't buy into the panic-mongering! Moses assured the Israelites that the Lord would not leave them or forsake them (Deut. 31:6 & 8). Hebrews 13:5 quotes that text and applies it to Christians! In the very next verse, the Hebrews writer quoted and applied Psa. 27:1, "The Lord is my helper; I will not fear; What can man do to me?" (Heb. 13:6).

I don't mean to say the issues we face aren't serious – they are! Being preoccupied with them, however, is counterproductive. Priority one is faithfulness to God, which includes complete trust and confidence in Him. Let the Psalmist's closing words be ours: "The Lord of hosts is with us; The God of Jacob is our refuge" (46:11).

Hymn: "Standing On The Promises"

Prayer: Father, You know the troublesome issues we face. You knew before they ever occurred, and You know how they will end. Help us not to worry, but to trust You and concentrate our efforts on doing Your will. In Jesus' name, Amen.